

A . J . M . H . .00(0), 2021, . 1-7  
:10.4269/ .20-0390  
C 2021 A

# Proof Only

C -D f :ACr -

E. A ,<sup>2</sup> ,<sup>1</sup>† . C ,<sup>2</sup> D . ,<sup>1</sup>† A ,<sup>2</sup> C ,<sup>1</sup> A C f ,<sup>3</sup> i D. ,<sup>3</sup> ,<sup>1</sup> i A ,<sup>1</sup> ,<sup>2</sup> ,<sup>4</sup>  
E. C ,<sup>2</sup> ,<sup>5\*</sup> D.

<sup>1</sup> C C E , A A , E ;<sup>2</sup>

# Proof Only

2015–2016.

**Participants.**

A A

50

C

A A

C

$f \leq 1 f$

(D)

f D

f f

A

**Randomization and masking.**

1:1

C

fi

D

A A

2014

.D.

f

f E

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A). A

.B

f

f

ff

f

f

f

ff

6-

**Intervention.**

D

ffi

f

f

f

.A

ffi

A

2014

f

f

D

.A

f f

.A

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D

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14

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F

1).

D

ffi

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ffi

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f

f

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f

f

f

f

f

A A



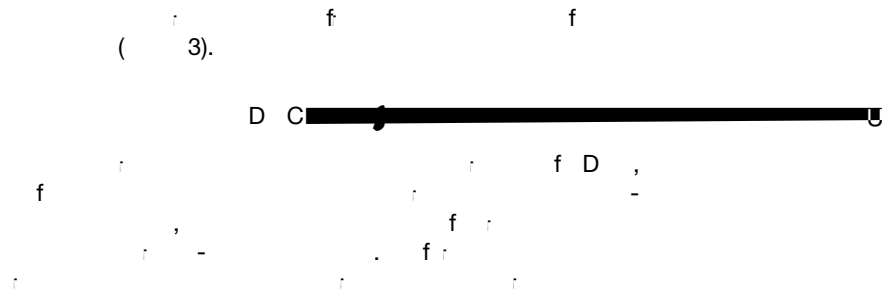
# Proof Only

10, 19, 21, 24, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

Diff- C. 0- 5- - 3.A 24, f-  
f ff E ff f 23% (95% C : 6-32%) D 13%  
(95% C : 6-19%) ( )  
A f 14 f 24- f P > 0.99; - - 8% (95% C : 5%  
f- f ( 2). f  
f 30 f f  
ff f - -  
f -

# Proof Only

# Proof Only



# Proof Only



